



Socio-Dramatic Affective-Relational Intervention (SDARI) Social Competence Groups:

✨ *Step into a space where connections grow naturally and everyday interactions become opportunities for growth* ✨

Through engaging, interactive experiences , participants will explore how to:

👁️ See the world through someone else's eyes...

👉 Move with confidence in social spaces...

👥 Build connections that truly last...

🌟 And so much more!

Session Details:

📅 17 Wednesdays January 14th - March 11th

🕒 | 4:30–5:30 pm (Teens) | 5:30–6:30 pm (Kids)

📅 17 Wednesdays January 14th - March 11th

🕒 | 12:30–1:30 pm and 1:30–2:30 pm (Adults)

Information:

😊 All are welcome, groups are formed according to ages, interests, and abilities 🌈

💰 Cost is \$800 for the full winter session (8 groups at \$100 per session)

✅ Reimbursement is available through out-of-network insurance benefits or OPWDD self-direction.

🎓 Full and partial scholarships available!



✨ *Each session offers something new: a chance to practice, to connect, and to carry these skills into real life.* ✨

Long Island Mental Health & Wellness

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